Volume 31, Issue 5 July and August, 2019

THE FISHERMAN

WE ARE A CHRISTIAN COMMUNITY OF LOVING, CARING MEMBERS, WHO REACH OUT TO WELCOME OTHERS THROUGH SOCIAL ACTION, MINISTRY, AND INSPIRATIONAL, SACRAMENTAL WORSHIP.

From Flesh to Spirit: Ego-Drive vs. Spirit-Drive

Paul frequently contrasts the *flesh* and the *spirit*. Contemporary readers may mistake this as referring to a distinction between the body (flesh) and the mind (spirit). From this misunderstanding, one then may imagine a list of fleshly sins and spiritual virtues that look nothing like what Paul had in mind. Perhaps the beginning of Paul's list of works of the flesh seems to fit well enough into the body/mind distinction: "fornication, impurity, licentiousness." People often imagine here sexual sins (cue self-righteousness), but then the list continues. "Idolatry, sorcery," Hmm. OK, so maybe this is because we use our bodies to bow before idles and to practice sorcery? But what about "enmities, strife, jealousy, anger, quarrels, dissensions, factions, envy, drunkenness, carousing"? What do these have to do with the body? Maybe we can find help in Paul's list of the works of the spirit. Surely they are all body-denying forms of physical restraint, of asceticism, things like chastity and self-denial. Let's see. "Love, joy, peace, patience, kindness, generosity, faithfulness, gentleness, and self-control." There it is! Self-control! But wait, what do those other things have to do with bodily denial? Nothing.

The problem is that we have misconstrued the flesh/spirit distinction. When Paul writes "flesh," he is actually talking about something more similar to our word, "ego." With this in mind, the lists make more sense. Our egos drive us to do things that are selfish, that sow unrest, both in ourselves and around us. We worship idols, things like money and power, to build ourselves up in the eyes of others who are equally ego-driven. We practice sorcery, or in modern terms, look for ways to cheat the universe for personal gain. We quarrel with others and create dissensions and factions out of a prideful ego. Now we see that the list, rather than justifying self-righteousness, condemns all those things that involve our pointing the finger at others. The list of the works of the spirit, on the other hand, are those things that come into being when we stop our egoistic finger pointing: "love, joy, peace, patience, kindness, generosity, faithfulness, gentleness, and self-control."

Paul is encouraging us to put aside our egoism, lay down our finger pointing, and instead focus on our own growth. This is not an easy path. As we try to shift from ego-drive and finger-pointing to spirit-drive and harmony, as we try to move out of

(Continued from page 1)

our own way, as it were, we will experience many failures. We therefore need to keep in mind that gentleness is not only gentleness towards others. We must also practice gentleness *towards ourselves*. In fact, only those who are gentle with themselves are able to be gentle with others. If we do not cultivate gentleness towards ourselves, we will continually fall back into ego. "I'm a failure," "I'm not good enough," "I don't deserve love" are all ego-based messages. "I'm learning," "I'm growing," "I deserve love" are all spirit-based messages. If we find ourselves frequently dissatisfied with ourselves, with others, or with both, we are stuck in ego-drive. If we are able to treat ourselves and others with grace, we are in spirit-drive.

There is a prayer that might help. It was written by St. Ephraim the Syrian (c. 306 – 373), a hymnographer and theologian. Our modern sensibilities may react against the prostrations and bows, but praying with our body may be exactly what we need, and keep in mind, it is not a prayer of self-condemnation, but of self-awareness. Be gentle.

O Lord and Master of my life, do not give me the spirit of laziness, meddling, self-importance and idle talk. (prostration)

Instead, grace me, Your servant, with the spirit of modesty, humility, patience, and love. (prostration)

Indeed, my Lord and King, grant that I may see my own faults, and not condemn my brothers and sisters, for You are blessed unto ages of ages. Amen. (prostration)

(Twelve deep bows, saying each time: O God, be gracious to me, a sinner.) [Translation by Fr. James Silver, Drew University]

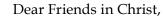
Farrell+

Christian Consciousness Channel

Fr. Farrell would like to invite you to visit his YouTube channel, "*Christian Consciousness.*" If you ever miss a sermon, please go to YouTube.com and check for weekly updates!



A Voice from the Deacon's Bench





At times when I am looking for something in my overly crowded desk, I take the time to really go through things that, maybe yesterday or months ago, seemed so very important to me or to my family. This time I was looking for a paper on *laryngeal massage* that my daughter Leah, who is a Speech Pathologist, had given me at Christmas. I had been reprimanded by her that my voice was getting shaky again, and she assumed I hadn't been doing my daily massage. She was correct. I was determined to find it among my chaotic piles of files on my desk, with the help of my cat, Ida, who thinks I can do nothing without her assistance. Unexpectedly, I came upon some quotes, not only from a few weeks ago, but even one from my college days at Temple University in Pennsylvania, fifty years ago!

"I believe in the sun when it isn't shining. I believe in love even when I'm all alone. And I believe in God even when he is silent."

This actually was a poster on the wall in my dorm room. I had been terribly homesick, and this simple poem helped me to stay on course at school. When I read it again, my thoughts quickly shifted to my present older-and-wiser life, or so I thought at first, until I realized with a deep sigh that I am still homesick. I am older, and maybe wiser, but my soul still searches at times for a fuller connection to the warmth and shining light of God's love and guidance.

It is often the human condition of ego, self-centeredness, sadness, and at times just a tired spirit that can keep us from reaching ever deeper within ourselves for God grace. I needed to be reminded of that, as Saint Paul wrote in Corinthians 3: 16-17, "Do you not know that you are the temple of God and that the spirit of God dwells in you?" And, as Jean Pierre de Caussade, a Jesuit priest and writer, said: "Embrace the present moment as an ever-flowing source of Holiness. Live in the now — the sacrament of the present moment."

We are never far from home within God's grace. We are always found and he always loves what is within us. Keep the course of love and faith that we are taught by Christ, and keep moving onward, Christian soldiers. Oh, and yes! Ida and I found the paper at the last place we looked.

Blessings, Deacon Jean



Christmas In July

The Mary and Martha Chapter of the Daughters of the King will put up our giving tree in the Gathering Area with tags showing the school supply needs for children attending school at Waccamaw Elementary School in Brunswick County, who are in need of some assistance.

After talking with a representative from Waccamaw School these are the supplies they need: #2 pencils, pens, pocket folders, highlighters, children's glue sticks, pencil holders, pencil sharpeners, ear buds (for use with the computers), scissors, colored pencils, colored markers, 5-section tab dividers, boxes of tissues and bottles of hand sanitizer. We appreciate your support in this ministry.

Neighbor to Neighbor Outreach Ministry

As we find the Coat Closet and Orthopedic Lending Program right now, we are in fairly good shape. The Closet is in need of gently-worn children's coats of all sizes, and men's size small and adult 2X and above. We have been abundantly

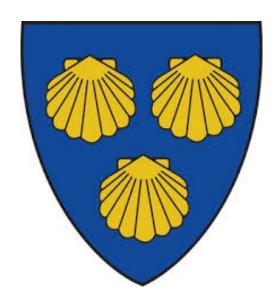


blessed with medium to X-large adult coats. Our racks and bins are full!! Just a short reminder that we recycle long coats, thin jackets, vests and sweat shirts to other charitable programs. It might seem odd, but the long coats do not get chosen very often. A few long coats of each size are kept for those requests. I am slowly putting the coat closet office back into order after the Florence repairs and going through donations that are received. We accept warm coats all year round. Thank you all for your continued support and thanks as well to the N2N volunteers who work so diligently and done with kind open hands and hearts.

Deacon Jean

St. James Day Service and Picnic

Join us on July 28th for the celebration of the Feast Day of St. James the Fisherman! The only service that weekend will be the 10:00 service on Sunday in the nave, followed by the gathering at 11:00 at Mulberry Park. There will be tea, water, and fried chicken from Jerome's, and the rest of the food will be dependent on pot-luck side dishes (there's a sign up sheet in the Gathering Area on a clipboard). Ron Veenker's band will perform. Come dressed to play at the park, chat with your parish family, and eat lots of delicious food!





Foyers

Our Foyers Group has continued to meet, socialize and really get to know one another. This spring we have gone to a concert at Brunswick Community College, out to eat at Wings and Fish in Shallotte, played miniature golf in Calabash, and had some great meals at each other's homes.

Foyers is a group of parishioners, from all services, who meet once a month, for friendly get togethers. Each month has a different host, and that host usually discusses with the group what they think would be fun to do or what they have in mind, so the group and host decide the program. Most months we just have a meal, the host picks the main dish and everyone else brings the nuts-to-dessert. We visit, talk, get to know each other, and become friends.

We would like to take this time to invite anyone else from the congregation who would like to join us in Foyers to contact Fr. Farrell or call Ruth Fernandez at 910-579-1904, I look forward to hearing from you and getting to know you.

Ruth Fernandez

An Anniversary Tea

This year the Mary and Martha Chapter of the Daughters of the King, here at St. James the Fisherman, celebrate our 25th Anniversary. A lot of thought, love and prayers have been given to those ladies who went

before us and started this Chapter. All the good works they started, and we have continued to carry forward, as a blessing to the Parish.

In celebration of this Anniversary, all the women in our Parish Family were invited to a tea on Saturday afternoon May 18th. The tables were set up with lace tablecloths, the centerpieces were teapots with flowers, all around the room were teapots and pearls and teacups for accent. Bliss Hall looked beautiful. Tea was served with cookies, scones, finger sandwiches and lots more. All who attended got to learn a little bit more about the Daughters of the King, socialized over tea and crumpets, and had a great time.

The next project the Daughters of the King will be taking on is Christmas in July: please see page four for more information.

The Daughters of the King thank all the parishioners here at St. James the Fisherman for their continued support and love. Please let us know if you have a prayer need so we can help. God's blessing be upon all of you as you travel the road of life.

For His Sake, Ruth Fernandez





the

Mary and

world



... as well as many of the women of the parish...

The 25th Anniversary Tea was attended by many of the Mary and Martha Chapter members. . .













... and one special team member: our Chaplain, Father Farrell Graves!





Episcopal Farmworkers' Ministry

The ECW's Episcopal Farmworkers' Ministry support drive runs until July 14th. We provide support to this Ministry by collecting clothing, bedding, toiletries, and canned and dried food. There is a list of items on the Farmworkers' table in the gathering area at church. They use single

size sheets, pillowcases, gently-used towels, blankets, and pillows. Some food items needed are canned fruit, canned tuna, canned vegetables, dried or canned beans, and rice. Paper products (plates, cups, napkins, etc.), baseball hats, garden gloves, and bug spray are also appreciated.

If you have any questions please call Barbara Bartell, 910-842-1865.



David Brownfield, who prefers to go by Dave, is a Pennsylvania native who now lives in North Myrtle Beach. A former Navy Hospital Corpsman, he is taking up the reins as Administrative Assistant as Amanda Leavitt moves on to her new position in the Myrtle Beach area.

Dave is looking forward to getting to know everyone in the parish family. Please stop by and say hello Monday through Friday 9am-2pm.

From the Senior Warden

Two steps forward and one step back. We are getting closer to finishing repairs from Hurricane Florence. The new doors are in, but need longer adjustment bars to make them work right. The window by the men's room has been replaced, and the lawn in front of the church has dried out. We still need the company to come and remove the stumps before the water and electrical lines can be completely fixed and reburied.



There are a couple of areas in the church that need attention, and some outside areas still need to be addressed. The on-demand water heater has been installed and the ceiling repairs are underway. I need to thank Benjamin (Clarence) DeWitt for the electrical repairs, and our plumber Tim Dunavant of A.C.R. Plumbing, as well as Don Minton for interior work.

Thanks to Amanda Leavitt for filling in as Administrative Assistant while we searched for a new person. I am happy to announce that David Brownfield has been hired to fill that position and he will train with Amanda for two weeks starting on June 18th. His hours will be 9 AM to 2 PM Monday through Friday. Once again he will probably need some help with preparing the bulletins, so please consider if that is something you would like to do.

While we are not all the way back from the hurricane, things are finally starting to feel normal. We are still looking for volunteers to help maintain the lawn; please see me if you can help.

Bob Lynott Senior Warden





SBIC CORNER

The South Brunswick Interchurch Council (SBIC) monthly meeting was held on Monday, June 3, 2019, at Shallotte Presbyterian Church at 8:45 a.m.

One new member from Mt. Pisgah Baptist Church, Doris Singer, was present today.

Jeanne Parietti made a couple of announcements.

- 1. Paul Carmen, the SBIC Treasurer, has submitted his resignation for personal reasons. Adding this vacancy to our already vacant President and Vice President positions, leaves the SBIC in a critical state. If you have a calling for one of these positions, please contact Jeanne Parietti at 910-287-4328 or at jpare@atmc.net.
- 2. Bonita LeGoullon is arranging a meeting with Linda Stinson of RLS Focused Solutions to discuss refurbishing business positions of companies and 501c3 organizations to improve their business plans and become profitable again.

Paul provided a draft of the budget summary for FY 2019-2020.

Jeanne redistributed Gloria Wimmer's survey of the top 5 event categories discussed at the last meeting and asked members to submit their final 4 event choices (2 for summer/fall and 2 for winter/spring) to Gloria via e-mail (gloriawim@atmc.net).

The SBIC received a \$2,500 grant from ATMC.

Mary Pritchard reported that the SBIC Food Pantry has served 880 children, 1,938 adults, and 1,355 seniors for a total of 4,173 January through May 2019. Mary has made arrangements with Hills Supermarket for fresh produce for the SBIC Pantry. The SBIC will need volunteers for four weeks in August to collect donations at the summer concerts at Ocean Isle Beach. If you are interested, please contact Mary at 910-579-4684 or at majorita@aol.com.

On May 28th, volunteers and faculty of The Academy of Coastal Carolina sorted food items donated to the USPS during their Mother's Day Food Drive. The food will be distributed by the SBIC Food Pantry.

The next SBIC General Meeting is scheduled for Monday, July 1, 2019, at Shallotte Presbyterian Church at 8:45 a.m. All are welcome.

If you have any questions, please do not hesitate to contact Ruth Ann or Bill Grothe, your St. James Representatives, at 910-575-1247 or at nolnanie@atmc.net. Until next month...

Birthdays and Anniversaries:

JULY BIRTHDAYS & ANNIVERSARIES

- Jul 1 Richard Crane, Lisa Jennings
- Jul 2 Gary Freeman
- Jul 3 Tom Smicklas
- Jul 4 Wayne & Sandy Campbell
- Jul 5 Robert & Mary Klinedinst
- Jul 8 Brent & Libby Ingraham
- Jul 9 Amanda Leavitt
- Jul 12 Deborah Zawacki, Jack & Kathy McElroy
- Jul 13 Marilyn Seidler
- Jul 15 Norman & Tommie Christenbury
- Jul 17 Kristina Crane, Barbara & Gary Freeman
- Jul 18 Phillip Ledford
- Jul 19 Bill Schwanke, Rick & Mary Dawkins
- Jul 24 Bill McLennan, Bill & Brenda Schwanke
- Jul 25 Mary Klinedinst
- Jul 26 Richard Seidler, James Haughey
- Jul 29 Susan Sprouse
- Jul 30 Joseph Kellerman
- Jul 31 Jim Parsch, Joseph & Dawn Kellerman, Bob & Nancy Hobgood

AUGUST BIRTHDAYS & ANNIVERSARIES

- Aug 1 Kay Roberts, Jerry Washington
- Aug 2 Sharon Davis, Amanda & Derek Leavitt
- Aug 3 Phillip & Elizabeth Ledford
- Aug 5 Ray Schatz, Joanne Robson
- Aug 7 Ruth Fernandez
- Aug 8 Robert Klinedinst, Ruth MacDonald
- Aug 9 Ann Alexander
- Aug 10 Joyce Winnie, Emily & Jerry Walborn
- Aug 11 Jacqueline Wright, John & Kay Roberts, Bill & Sheila McLennan, Bill & Terrie Collins
- Aug 13 Monica Jones
- Aug 15 Bill Chase & Patricia Lynch
- Aug 16 Wayne Averill
- Aug 19 Michael Murphy
- Aug 21 Jane Malpass
- Aug 23 Kathy McElroy, Richard & Cynthia Carver, Sandy Campbell
- Aug 24 Sue Ann Worley
- Aug 25 Ruth Ann Grothe
- Aug 26 Anne Neely, Sue Sandidge, Russ & Jeanne Mavis
- Aug 27 Rolf Redin, James & Jill Horn
- Aug 28 Bob & Stephanie Lynott
- Aug 30 Stanley Filipski, Ed Sandidge



St. James the Fisherman Episcopal Church P. O. Box 68, 4941 Main Street Shallotte, NC 28459 910-754-9313

stjames@stjamesthefisherman.net
The Rt. Rev. Robert Skirving – Bishop
The Rev. Farrell Graves, Ph.D., Rector
The Rev. Jean Miller, Deacon
The Rev. Michael Ligon, Deacon
Rev. Dr. Richard Warner, Jr., Rector Emeritus
Paul Bertelsen, Verger

Worship Services

Sunday:
Holy Eucharist:
Choral Eucharist:
Saturday:
Holy Eucharist:
5:30 p.m.

Vestry

Senior Warden

Bob Lynott

Junior Warden, Tom Fernandez Buildings and Grounds Junior Warden, Bill McLennan Administration Jack McElroy Treasurer Toni DeLuca Clerk of the Vestry Nancy Dougherty Amanda Leavitt Bill Chase Joyce Winnie Jim Parsch Gary Freeman

WORSHIP - Vestry Liaison - J. Winnie

Coordinators –
Acolytes – P. Bertelsen
Altar Guild – Individual Team Leaders
Daughters of the King – K. Roberts
Eucharistic Ministers – R. Fernandez
Eucharistic Visitors – Deacon J. Miller
Music – M. Smicklas
Newcomers/Greeters – K. Crane
Nursery – V. Redin
Ushers – B. Chase

Directory of Ministries

PROGRAMS - Vestry Liaison - B. Chase Christian Education - Father Farrell Graves ECW - B. Freeman Coffee Hour - Weekly Hosts Foyer Groups: R. Fernandez Quarterly Parish Dinners - B. Chase Special Projects - P. Bertelsen Holy Stitchers - D. Kellerman Bridge Group - B. Bartell

OUTREACH - Vestry Liaison - Gary Freeman

Angel Tree – Daughters of the King BFA Food Pantry – Second Helpings Volunteers Communities In Schools – Daughters of the King ERD – *Volunteer Needed* Inter-church Council – B. & R. Grothe Lobster Sale – B. Chase, J. Washington, J. Kellerman Neighbor to Neighbor – Deacon J. Miller Second Helpings- S. & G. Weber UTO/CPC – ECW Coordinators

ADMINISTRATION - Vestry Liaisons

Endowment -Vestry Liaison - A. Leavitt, Members B. McLennan, M. Ligon Stewardship - Vestry Liaison - J. Parsch, Coordinator - B. McLennan

COMMUNICATIONS/DEANERY-Vestry Liaison - N. Dougherty

BUILDING & GROUNDS - Tom Fernandez

Fisherman Newsletter - L. Jennings

Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.

Ephesians 5:2

ST. JAMES THE FISHERMAN EPISCOPAL CHURCH

P. O. Box 68 Shallotte, NC 28459