

Chilled Broccoli and Cauliflower Salad

Mix:

4 cups broccoli florets
2 cups fresh cauliflower florets
1 cup golden raisins (or cranberries or other dried fruit)
[3 green onions, sliced]
1 cup mayonnaise

Mix separately:

2 tablespoons apple cider vinegar
2 teaspoons sugar
½ teaspoon salt

Add vinegar mixture to vegetable mixture. Refrigerate for at least two hours. May add 1 cup salted sunflower seeds immediately before serving.