

Dog Treat Ingredients:

- 2 cups flour (I use whole wheat flour)
- 1 cup rolled oats (I chop them in a food processor to make them easier to mix)
- 1 cup milk
- 1 cup peanut butter (mixes better if at room temperature or above)
- 2 Tbsp Baking POWDER

You can mix the dry ingredients, add the milk, and finish with the peanut butter. This can be mixed in a bowl but I find this tedious and if you have a mixer by all means use it (I recommend the dough hook or "sturdy" beater attachment - the wire whip attachment will be more trouble than it's worth). If using a mixer, mix on the lowest setting until it starts to come together. Your "dough" will be rather chunky and won't form a perfect dough ball but you can mash it all together on a cutting board or other work surface and roll it to desired thickness with a rolling pin or with your fists (I go for about 1/4 inch). Cut with your favorite shaped cookie cutter or a knife and cook in a 350-degree oven until dried out (will depend on size. the video says 8 minutes but I flip mine after 8 minutes or so and then keep checking. You want them to get as dry as possible without burning. Toasty is okay though). I've found that the only thing that will make these go "bad" is excess moisture, so I pour a layer pink Himalayan salt (unground) into the bottom of a storage container, cover it with a layer of paper towels, and then put the treats on top after they've properly cooled, keeping the container uncovered to allow for further dry-keeping. I suppose you could freeze some and then thaw them periodically, but I've never had any issues storing them this way.

There are many other DIY dog treat recipes that use baby food and other things but I've found my dog Chica loves these the most. Thanks!