

## **THE LORD'S FOOD PANTRY – A CRY FOR HELP!**

Our community is really suffering from the effects of COVID-19. As a result, the Lord's Food Pantry, a ministry of the South Brunswick Interchurch Council (SBIC), is struggling to keep pace with the need. This crisis has put a huge strain on the availability of food at a time when we have an increased number of families to feed. There were 2,412 meals distributed in one Saturday alone in April.

We have a major opportunity to support nutritional needs in Brunswick County. To help this situation, there will be a "Drive Through Food Drive" on Wednesdays from 4:00 to 6:00 p.m., beginning Wednesday, May 20, 2020. We are asking people to drive up to The Lord's Food Pantry (housed at Camp UMC) and the food donations will be removed from their cars.

Here is a list of the most needed food items:

- Canned vegetables – low sodium preferred
- Canned fruit
- Cereal – healthy varieties
- Spaghetti Sauce – no glass, please
- Spaghetti or other pasta noodles
- Pork & Beans
- Mac & Cheese
- Canned tuna
- Rice – prefer brown rice in 1 lb. packages
- Peanut Butter
- Grape Jelly – no glass, please

If you would prefer to make a monetary donation, please make a check payable to SBIC, with Food Pantry, in the memo line and mail it to SBIC, P. O. Box 1461, Shallotte, NC 28459

Thank you.

Ruth Ann Campbell-Grothe  
St. James SBIC Representative