

# THE FISHERMAN

## *Two Ways of Practicing Religion*

- The Rev. Farrell Graves, Ph.D.

**There are two primary ways** of practicing any religion. One sets practitioners apart from others as superior — members of the right tribe, possessors of the correct ideas, followers of the right rules, etc. Those who do not belong are often ascribed a terrible fate—eternity in hell, rebirth as a cockroach... The in group point fingers at others, a method of avoiding the very self-awareness that would lead us forward in the goals as set forth by religions. Julian of Norwich therefore warns:

*“When the sins of others come to mind, the soul that wishes to be in repose shall flee from that as from the pain of hell, searching in God for remedy for help against it, for the beholding of others’ sins makes, as it were, a thick mist before the eye of the soul, and we cannot for the time see the fairness of God (unless we can behold another’s sins with contrition with him, with compassion on him and with holy desire to God for him) for without this it troubles and tempts and hinders the soul that beholds those sins.”* <sup>1</sup>

The second way of practicing religion heeds Julian’s warning and recognizes the interdependence of all things. People who practice religion in this way are aware that everyone is on a path. They take responsibility for their own path, and allow others to do the same. They are willing to join in community with anyone who sincerely is willing to join in community with them. They do not focus their attention on the faults of others,

but on letting go of their own baggage, their own fears and insecurities.

People of shallow intellect choose to see only the first type of religious practitioners and argue that religion itself, and not the way it is being practiced, is to blame. They do not wish to comprehend that, were it not for religion, people would find other ways to justify scapegoating others. The leading Nazis were not Christians, but it did not prevent them from projecting their fears, inadequacies, and self-hatred onto others.

Those who are working towards embracing interdependence, on the other hand, recognize when they begin to project onto others or otherwise avoid responsibility. They know that almost anything can become an addiction or distraction when it is used to avoid rather than simply serve as recreation, as a time of rest that allows us to continue with our responsibilities at a later time. We might read, take a walk, go to the gym, work on a hobby, or stare at the sky for awhile, and then return refreshed.

Banishing religion is not the solution. There will always be people who seek excuses for their own irresponsibility. We cannot prevent them from misusing religion any more than we can prevent them from misusing words to dominate, injure, and control, but we would be foolish to banish all language. Our role is to be humble, self-aware, compassionate practitioners so that our light will shine and encourage others along their own paths.

*1 Showings, Chapter 76.*



- Farrell +



# Are DOK “Stodgy” People?

- Nancy Dougherty

**Praying, praying daily.** That is one of the two vows that we *Daughters* take initially at a *Service of Admission*. We renew that vow annually on *All Saints Sunday* in November when we renew our vows during a church service. Some may think that makes us pretty stodgy people. But wait a minute - what kinds of prayer do we do?

Our *Prayer Book* says there are seven types of prayer – *adoration, praise, thanksgiving, penitence, oblation, intercession, and petition*. So we have choices of what kinds of prayer we do! Yes, we always do prayers of *intercession* daily (praying for other people who we know need prayer or who have requested that we pray for them), but we do other kinds of prayer as well.

We so enjoy doing prayers of adoration, praise and thanksgiving! We are *thankful* when God favors us with some type of blessing. We are *joyous* when people are healed and for birthdays, another year of life for our friends, families and **DOK** sisters. We celebrate those joyous times, sometimes with a party or gathering.



## Mary and Martha Chapter



*FHS (For His Sake)  
That's why we do what we do.*

We recently had two such joyful gatherings with prayers of thanksgiving. Anne Neely's "Martha's Hands" group (a smaller **DOK** group that allows us to know each other on a personal level) scheduled a luncheon on their regular meeting day. They invited the whole **DOK** chapter to join them to celebrate Anne's birthday on August 24 at *the Boundary House*. Then on September 9 we celebrated the many years JoAnn Jenkins has been a **DOK** member and wished her well on her move to Michigan.

Stodgy people? I don't think so. But you decide. We invite you to come visit us. Look for the gals wearing a silver cross like the one in our emblem at the top of this piece.



## For His Sake

*DOK meets the second Saturday of every month at St. James.*

*10am - noon  
All are welcome.*

*- photos on page 7*



# SBIC - Meeting the Challenge September Report



- Ruth Ann Campbell, St. James rep. SBIC

**The South Brunswick Interchurch Council (SBIC)** ) monthly **Executive Board Meeting** held on Monday, September 18th, 2023, at 10:00 a.m. at *The Lords Food Pantry* in Shallotte.

*The Lords Food Pantry* served 2,758 children, 3,965 adults and 3,238 seniors for a total of 9,961. January through August 2023.

*The Emergency Food Assistance Program (TEFAP)* distribution at *The Lords Food Pantry* served 90 families in August, or 288 individuals (77 children, 109 adults, and 102 seniors).

The **SBIC** also distributes *Commodity Supplemental Food Program (CSFP)* boxes to preregistered Senior clients. We received 80 boxes in August. We distributed 58 boxes on August 12, and 22 on August 19.

*The Lords Food Pantry* periodically receives *Brunswick Wellness Coalition* food boxes (similar to Senior boxes) and receives produce at the Food Pantry through this program.

The **SBIC** distributed 34 *Healthy Opportunities Pilot Program (HOP)* boxes in August.

*The Lords Food Pantry* received 3,342 pounds of food in August from the **PORCH** collection.

No grants were received in August. Landfall Grants will be announced in October. The **SBIC** applied for an *Ocean Ridge* grant for \$3,997 for Christmas boxes. The **SBIC** is seeking someone to take the lead on grants. If you have any experience in this area, please consider helping the SBIC. Contact your **SBIC** representative. Thank you.

*Coastal Race Productions* is partnering with the **SBIC** to collect food as *Miles for Meals*. The **SBIC** will have a booth the day before race day and runners will bring food when they pick up their race packet. This will be monthly from **October 2023 through April 2024** and then begin again in **October 2024**.

Even though the **HOP** Program has been extended for another year, we only have a couple of clients. Therefore, the *St. James HOP Team* is on hold at this time waiting for more clients. Bonita LeGoullon, **HOP** Coordinator, will let us know when we receive more clients.

The **SBIC** has made an offer to purchase the *SoundHouse*. The bank is working on the loan. Currently, The **SBIC** is working on a plan for a Capital Campaign.

*The Ad Hoc* group met on September 5 and developed questions, concerns, and recommendations and sent them back to *New Beginnings*. The **SBIC** is waiting for another meeting with *New Beginnings* on their proposed shared use of the *SoundHouse*.

## Upcoming events for 2023 include:

☑ *Pancake Breakfast (Highway 55, Date TBD)*, Janet and Eric Dunkelberger, Coordinators.

☑ **CROP Hunger Walk** (Nov. 5), Deb Claxton, Coordinator.

Deb Claxton is asking churches to provide her with the names of their recruiters for the **CROP Hunger Walk**. Ruth Ann Campbell and Vera Redin are the *St. James* Recruiters.

The next **Executive Board Meeting** is scheduled for **Monday, October 9th, 2023** with the **General Board Meeting Monday the 16th**, both at 10am in *The Lords Food Pantry*, 3610 Express Drive, Shallotte. Masks are optional.

If you have any questions, do not hesitate to contact your St. James Representatives Ruth Ann Campbell at **910-575-1247** or at [no1nannie@atmc.net](mailto:no1nannie@atmc.net); or Alternate Jan Comfort at **864-353-7034** or at [comforj@clemson.edu](mailto:comforj@clemson.edu).

or check us out at our website  
[www.thelordsfoodpantry.org](http://www.thelordsfoodpantry.org)

Until next month...



# Parish By-Laws for St. James the Fisherman Episcopal Church

*submitted by Kit Goff, Senior Warden*

## Have trouble falling asleep at night? There is a sure cure: Just start reading through a parish's By-Laws!

Usually by the third paragraph the average parishioner is nodding off quite peacefully.

Of course, there are no "average" parishioners at St. James the Fisherman. Which is the reason that we know you'll be excited to have a preview of the revised *SJtF By Laws* that will be voted on at the Parish Meeting in December.

The greatest number of changes involved cleaning up verbiage to help with clarity. Substantive changes were but three:

- A. In order to add flexibility, the vestry size will now be allowed to range between 6 and 12.
- B. The practice of having our deacons (or other specified persons) participate and work closely with the vestry during meetings (as "invited participants") was formally recognized and codified.
- C. A formal procedure for removing a parish officer was outlined.

After review and discussion the vestry unanimously approved the draft on July 19, 2023. The next step is for members of the parish to vote on them at the *Annual Parish Meeting*. After the parish's approval, we will start using them, although formally they still must be submitted to the Diocese and are subject to a final Diocesan review and approval.

The updated version follows:

### Article 1: Scope

The By-Laws of *St. James the Fisherman Episcopal Church, Shallotte, NC* are in accordance with **Title II, Canon 4** of the *Diocesan Canon*, and supplemental procedures to same. All references to *Canon Titles* reflect those of the *Canons of the Diocese of East Carolina*. Any article or section of these *By-laws* that may at any time be in conflict with the *Constitution or Canons of the Episcopal Church* and/or of the *Diocese of East Carolina* will be null and void.

### Article II: Membership

**All persons** who have received the *Sacrament of Holy Baptism* with water in the name of the Father, and of the Son, and of the Holy Spirit, whether in the *Episcopal Church* or in another Christian Church, and whose Baptisms have been duly recorded in this Parish, are members thereof.

### Article III: Officers of the Parish/Duties

#### Section A. General.

The *Officers of the Parish* shall consist of the Rector and Clergy Associates/Assistants, Vestry, Wardens, Treasurer, and Clerk of the Vestry. The Wardens and Treasurer must be at least twenty-one (21) years of age.

The Parish elects the members of the Vestry. Annually, the Rector nominates, and the Vestry confirms, one of the vestry members to serve as the Senior Warden. The Vestry elects one of its members as Jr. Warden annually. The Treasurer and Clerk of the Vestry are each elected annually by the Vestry.

A formal vote of 2/3 or greater of the remaining vestry plus a vote by the Rector (or priest in charge) together are required (and sufficient) for the removal from office of any of the non-clergy Officers of the Parish.

#### Section B. The duties of the Clergy are:

1. The Rector's duties are defined in the *Letter of Agreement* between the Rector and the Parish and in accordance with **Title II, Canon 4, Section 8**.
2. The duties of any Clergy Associates/Assistants are delineated in a *Letter of Agreement* between the Rector and designated Clergy and in accordance with **Title III, Canon 3, Section 6**.

#### Section C. The Duties of the Vestry.

The duties of the Vestry are specified in **Title II, Canon 4, Section 7**.

#### Section D. The Duties of the Wardens are as follows:

These duties are specified in Title II, Canon 4, Section 7.

The wardens shall meet regularly with the Rector (or priest in charge) to mutually support and coordinate the efforts of the vestry and Rector (or priest in charge) in performance of their respective duties.

**The Senior Warden** acts in the Rector's stead should the Rector for any reason not be able to carry out his/her responsibilities. The Senior Warden also becomes the Chair of the Vestry in the absence of a Rector.

**The Junior Warden** acts in the Senior Warden's stead should the Senior Warden for any reason not be able to carry out his/her responsibilities. The Junior Warden also oversees the Building Operations, including (but not limited to) developing a list of major repairs, receiving bids and overseeing their execution (upon direction of the Vestry), and keeping the Vestry advised of current insurance coverage and necessary changes.

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#### Section E. The Duties of the Treasurer.

These duties are specified in **Title II, Canon 4, Section 6**. The Treasurer shall report to the Vestry monthly, or as directed by the Vestry.

#### Section F. The Duties of the Clerk of the Vestry.

These duties are specified in **Title II, Canon 4, Section 5**. The Clerk of the Vestry takes and records minutes of the Annual and Special Meetings.

### Article IV: The Vestry

The Vestry of this Parish, consisting of the Wardens, the elected Vestry members and the Rector, shall be the official representatives of the Parish. They are governed by **Title II, Canon 4** of the *Canons of the Diocese of East Carolina*.

#### Section A: Qualifications.

Each person chosen as a member of the Vestry shall be a member of the Parish and further qualify by subscribing to the following declaration and promise: *"I do believe the Holy Scriptures of the Old and New Testaments to be the word of God, and contain all things necessary to salvation, and I do consent to be governed by the doctrine, discipline and worship of the Protestant Episcopal Church in the United State of America. I promise that I will faithfully execute the office of member of the Vestry of St. James the Fisherman Parish in Shallotte, NC, according to the best of my ability."*

#### Section B: Composition, Selection, and Installation.

The Vestry will comprise **no fewer than six (6) and no more than twelve (12) members**, a third of which are elected each year. **The term of office is three (3) years**. Members shall not serve for a period greater than three consecutive years until a period of one year has elapsed between terms, except as provided in **Title II, Canon 4, Section 10 (b)**. Members of the Vestry shall be elected at the *Annual Meeting* by receiving the largest number of votes cast. **Proxy ballots are not allowed. No spouses may serve simultaneously on the Vestry**. In the event of a vacancy, the remaining Vestry Members may fill the vacancy by appointment to serve the remainder of the term. Newly elected Vestry Members will be installed at a regular worship service. **Their term will begin as soon as convenient after their election – such time to be specified at their election..**

#### Section C: Meetings of the Vestry

The Vestry shall establish a monthly-appointed time and place for meetings, **holding no fewer than four (4) meetings a year**. Additional meetings may be called as specified in **Title II, Canon 4, Section 9**. Special meeting dates must be set to provide all appropriate parties two (2) weeks' notice.

(cont.) *An Executive Session* is called by a simple majority vote of the Vestry present.

Regular and Special Meetings are open to members of the Parish, except when an *Executive Session* is called. The vestry may individually appoint members of the Parish to be *"Invited Participants"* in the vestry by a simple majority vote of those present plus the vote of the Rector (or priest in charge). Upon acceptance of appointment, such appointed persons agree to regularly participate with voice (*but not vote*) in Regular or Special vestry meetings. **A maximum of 6 "Invited participants" may serve at any given time.** Such appointment (which may be for a period of up to 1 year) shall specify the start and ending dates of the appointment, and may be modified, at the sole discretion of the vestry, at any time by a simple majority vote of the vestry members present at a Regular or Special vestry meeting.

The Vestry shall annually adopt rules of order, which shall continue in force until altered.

### Article V: Voter Qualification

In addition to meeting the criteria of parish membership as shown in **Article II** of these *By-Laws*, as required by **Article XIV** of the *Diocesan Constitution* to vote a person must be an adult communicant in good standing, and must also sign the following statement prior to voting in a parish meeting: *"I, the undersigned, signify that I am an adult communicant in good standing (Baptized with water in the name of the Father, Son & Holy Spirit; Baptism duly recorded in the parish; am 16+ years of age; during the past year been faithful in corporate worship and in working, praying and giving for the spread of God's Kingdom) in the parish of St. James the Fisherman Episcopal Church, Shallotte, NC; and do hereby consent to be governed by the Constitution and Canons of the Church as set forth in and by the General Convention of the Episcopal Church in the United States of America, and by the Constitution and Canons of the Diocese of East Carolina."*

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*Article VI: Annual/ Other Parish Meetings**Section A. Annual Meeting*

The Vestry shall call the *Annual Meeting* on a date preceding the *Diocesan Convention* to provide the Diocese with timely financial planning data. The Parish membership will be given at least three weeks' notice to plan for attendance. The agenda of the annual meeting shall include: election of Vestry members; reports from the Rector, the Wardens, the Chair of the *Endowment Committee*, and selected vestry liaisons to parish committees and organizations, and other leaders as designated by the Vestry; and discussion of other matters of interest to the congregation. Motions, resolutions, elections, and all other matters presented to the parish meeting for vote shall be decided by a vote of the qualified members present and voting.

*Section B. Other Parish Meetings.*

The Vestry, by simple majority vote, may call a **Special Parish Meeting** at any time by giving the Rector and voting members one weeks' notice.

*Article VII: Delegates to the Diocesan Convention*

The Vestry shall choose from the Parish membership, delegates and alternates for the *Convention*. To be eligible for selection as a delegate or alternate, the person must be a confirmed/received Communicant in good standing, sixteen (16) year of age or older. The Parish's numerical representation is defined in **Article IV**, *Section 3* of the *Diocesan Constitution*.

*Article VIII: Amendments*

Proposed amendments to these *By-laws* shall be submitted to the Vestry and shall be in compliance with the *Constitution and Canons of the Diocese of East Carolina*. Any proposed amendments shall be submitted by the Vestry for consideration by the Parish Membership at the next *Annual Meeting* or a *Special Meeting* called for the purpose of amending the **By-laws**. **The membership shall be notified, and provided a copy of said proposed amendments not less than three (3) weeks prior to the meeting.** Proposed amendments require approval by a simple majority of those voting, and shall become effective only upon approval by the *Diocese of East Carolina*.

Approved by the Vestry \_\_\_\_\_

7/19/2023 \_\_\_\_\_

Approved by the Parish Membership \_\_\_\_\_

Supersedes those affirmed by the Vestry 5/26/2022

If you are still reading, **congratulations!** You are indeed in a special, select, "way above average" category!

If you want to see a version of the new *By-Laws* that shows all of the individual changes, send me an e-mail, and I'll send you a pdf copy containing the by laws with the modifications and edits all highlighted.

And if you have any questions or comments (or suggestions), please feel free to e-mail me about them as well. My e-mail is: [cgo01@comcast.net](mailto:cgo01@comcast.net).







## *"The Daughters"* **DOK**

*- photos courtesy Nancy Dougherty*



*pictured*  
*The Daughters*  
*Susan Dickerson, Ruth Fernandez,*  
*Anne Neehy, Nancy Dougherty,*  
*Debby Boyd, Susan Sprouse,*  
*Marilyn Seidler, Patricia Lynch,*  
*Susan Weber, Terrie Collins*  
*Jeanne Reopel, JoAnn Jenkins,*  
*April Murphy, LuVette Hickey,*  
*JoAnn Lamarca*  
*and*  
*Fr. Graves*





# Views from the Pews

- Karen Walczyk Prescott

**A little about me:** I am of Polish ancestry. I received *Roman Catholic* sacraments of Baptism, First Eucharist, Reconciliation, Confirmation and Marriage. In New York, I was confirmed in the *Episcopal Church*. I am a Republican with some moderate Democratic beliefs. I'm an introvert who likes hosting grand parties. I retired after twenty years in business, ten years as a middle school English teacher, and I remain a passionate writer. My first published novella is a place-centered, eco-fantasy fiction (little people at *Polar Caves* struggle to retain their lifestyle amid climate change) and my second novel is historical creative non-fiction (a story of my great-grandmother who left Russian controlled *Poland*, alone, at the age of sixteen.)

The idea for *Polish Mother* (a second published work) came from my 91-year-old mother. She had many questions about her ancestry and regretted not asking her parents and grandparents about their experiences. "We didn't speak about it," she said. "I never asked questions." My mother is not usually emotional, but as her tears flowed, she said, "I wish I knew more about the generations who came before me." A desire to help her was my inspiration to do five years of research and write the book. I'm happy to report that the story, based on true events, provided her with much needed answers and closure. For me, writing the novel proved to be as much a spiritual journey as historical.

Early in the writing process my mother insisted, "Your great-grandmother Stella never went to church." In the novel, Stasia becomes Stella after she emigrates from *Poland* at the age of sixteen. Stella was my great-grandmother and although she lived across the street, the truth is I met her only once when I was five years old. During the time we were neighbors, Stella never went to church, but my research of Russian controlled *Poland* in the early 1900's, revealed that *Catholicism* was inextricably linked with being Polish. Even to this day, over a century later, in March 2021, the *Catholic News Agency* reported, "More than 90% of Poles identify as Catholics."

## This month...

...Catching up with author  
Karen Prescott



Religion in *Poland* is a part of the culture. During the partitioning of *Poland*, when the country didn't actually exist, the Church helped Poles remain united and maintain their identity. Historically, *Poland* has been one of the most religious countries in *Europe*.

I simply could not understand why my great-grandmother, born in *Poland* and ultimately a mother of nine children, did not attend Mass. To reconcile the disparity, I analyzed Stella's experiences – again, all true – and determined that one tragic life event caused her to leave the Church. To this day, my mother believes my claim about what caused Stella to leave the Church, via interpretation of the facts ... and some creative license. To readers, to my mother and my extended family – the reason is both plausible and highly likely.

Though I was raised *Roman Catholic*, I am comfortable and proud to attend *St. James the Fisherman*. The same could never be said of my mother who remains a devout *Roman Catholic*. "It doesn't fulfill my obligation," she insists. To me, the Episcopal Church feels right. Our Church describes itself as *Protestant*, yet *Catholic*, and maintains the same continuity of traditions as *Roman Catholics* with some differences, but the one that stands out to me is that the Episcopal Church is not under the jurisdiction of *the Pope* and *the Vatican*.

Here's where I'm going with this. During this *Polish American Heritage Month*, I wanted to point out something that many of you may not know. Over one hundred years ago, dissatisfied *Roman Catholics* in America founded the *Polish National Catholic Church*. The *Polish National Catholic Church* is not in "full communion" with the *Roman Catholic Church*. One notable difference is that the *Polish National Catholic Church* is not under the jurisdiction of *the Pope* or *the Vatican*.

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My husband, Drew was pleased to join *St. James*. Throughout his youth, Drew attended an Episcopal Church in *Keeseville, New York*. Centuries before, Drew's ancestor, James Prescott left England in 1665. Did he leave for religious freedom? Or because of civil wars raging in *England*? Or was it the general discontent with *King Charles II's* economic policies? To find out, you'll have to read *English Father*, the title of my next novel. Also based on true events, the story begins as an immigrant's tale through four generations to a company town in the *Adirondacks*, where *R. Prescott and Sons* employs over three hundred.

No one is surprised by the fact that we're reading less and less every year. There are so many alternatives competing for our attention: smartphones, television, movies, all sorts of electronic media. For me, there's nothing better than sinking into a good book, but to find one (and the bestseller lists often disappoint) sometimes you have to step outside of your comfort zone. During this *Polish American Heritage Month*, you might want to do just that. To this end, I have placed a copy of *Polish Mother* in the *Bliss Hall Library*, if you'd like to check it out.



*Pink Cosmos, said to represent order, balance & innocence. Blooms in a variety of colors, each with their own meaning: Red- love/passion; Pink - a mother's love; Yellow-freindship with White - devotion.*



### *Birthflowers of October*

*Marigold - the name is said to be a shortening of "Mary's Gold" named for the Virgin Mary. Its bright fall colors are thought to serve as a pathway from homes to the afterlife while their pungent odor is used to keep away pests and calls to butterflies, song birds and other beneficial insects.*







## EYE OF NEWT SPECIAL

THE TRICK TO AN ALLHALLOWTIDE TREAT

### SOUL CAKES

**Soul Cakes** are biscuit-like or small short bread cakes given to poor children by wealthier families and churches from Medieval times and continuing on to the 1930's in America until the practice here all but disappeared. It is still observed in many parts of Europe.

Originally associated with Samhain - the ancient Celtic end-of-harvest celebration and entrance to the darker season of the year, the observance would change to be incorporated into what is now *Halloween* (All Hallow's Eve) *All Saint's Day* and *All Soul's Day*; the three being pushed together as the Christian religion took root for a singular three-day fall celebration called *Allhallowtide*.

As with its *Trick-or-Treat* descendant, children and poor people would travel to the homes of the wealthy "souling" - showing up and offering to pray for the family's souls or to keep malevolent spirits away in exchange for the baked goods. Some churches would invite the crowds in to pray while handing out the sweet treats.

Similar in texture to Irish Soda Bread, the cakes themselves are small, round shortbread or biscuit-like goods sweetened with fruit and flavored with spices. Made for the poor from any left-over grain, they were marked on top with an "X" or cross to signify who they were meant for. The tops could also be decorated with dried fruit.

Variations on this theme sees substitutions of Sour Cream or Greek Yogurt with other fresh or dried fruit and nuts (think apples, cranberries, walnuts or pecans for starters.) Check the internet for more!

Posted here is only one of several different versions of this "better-than-it-looks" treat. Or is it a trick? The only way to really tell is fairly christian:

Bake, Taste and See.

#### Ingredients:

3 1/2 cups flour  
1 cup sugar  
1 Tbsp vanilla extract  
1 1/2 tsp baking powder  
2 tsp pumpkin pie spice  
1 tsp salt  
12 Tbsp unsalted butter - room temp  
1/4 cup sour cream or choice of yogurt  
1/2 cup whole mild or milk preference  
1/2 cup dried cranberries (if desired) or other dried fruit  
1 apple diced (if desired)  
Additional milk and sugar for topping  
Additional 1/4 cup of flour for rolling out dough

#### Instructions:

Preheat oven to 425 degrees.  
Cream together sugar and butter with hand mixer.  
Add sour cream, milk and vanilla extract and mix.  
Add pumpkin pie spice and baking powder and mix.  
Add in flour one cup at time and mix well.  
Fold in dry fruit and apples then chill dough 20 minutes.  
Roll dough out on floured surface to 1/2 inch or less.  
Using cookie or biscuit cutter cut out and place on cookie sheet with parchment paper.  
Score with "X" in top and decorate with dried fruit.  
Brush with milk and bake for 12 minutes.  
Remove from oven and brush again with milk.  
Sprinkle with sugar and bake another 11-14 minutes or until browned (no more than 26 minutes.)  
Transfer to cooling rack, allowing to cool completely.

Happy *Allhallowtide*!





# THE FISHERMAN



## *Haunted by Your Past?*

**Then sell it to some other poor schmo..** And *St. James' ECW Yard Sale* is just your ticket! All items to be sold will first be jailed in *Bliss Hall* **October 2nd - 9th** followed by a first-class *Exorcism* (read *hard labor*) from the **10th to 13th** to set-up followed by the *Grand Ghostly Boot* on **October 14th**. This *Monstrous Money Mayhem* to be chaired once again by Gary & Barbara Freeman who will be voraciously collecting souls (read *volunteers*) to the bitter but profitable end. All proceeds to go to area charities. Interested? Contact Barbara Freeman or anyone on **ECW**.

## *Diocesan Port of Call...*

**BISHOP CURRY** pays us a visit **Saturday, October 21st**.  
Check with Fr. Farrell or Dave in the office for more details.

## *But Wait! --There's MORE!!*

**ECW's STILL STIRRING THE CAULDRON...** fresh out of the gait from vacation!  
**October 27th to November 10th**, they will be gathering and displaying information about the **QUILT & BASKET RAFFLE** both to take place with a **BAKE SALE** on **November 11 - VETERAN'S DAY!**

*Could anyone pack more wallop into one day?!*

For further information, check out the Narthex during the "warm-up" display time.

## *These KEDS Were Made for Walkin'...*

**Mark your calendar!** The **33rd CROP Hunger Walk** will take place on **Sunday, November 5, 2023, from 1 - 5pm**. There will be two (2) routes: Mullberry Park to Shallotte River Walk; then return to Mullberry or the shorter walk around the park. Either way, lace up those kicks and so dust off your walking shoes and get ready for the **2023 CROP Hunger Walk**. **CROP** stands for *Communities Responding to Overcome Poverty*. *CROP Hunger Walks* are community-wide events sponsored by *Church World Service* and organized by local congregations to raise funds to end hunger at home and around the world. *The Shallotte/South Brunswick CROP Hunger Walk* is sponsored by the *South Brunswick Interchurch Council (SBIC)*. Vera Redin and Ruth Ann Campbell will serve as the *St. James Recruiters* again this year.

## *Falling for Foyer Fare...*

**ALMOST THERE!**

Sign-ups are currently on-track to start in **November** for group launches in **January of 2024**.  
So, all would-be fun-time gangs - **START YOUR PLOTTING!!**

## *Grounds Cleaning*

**Friday Oct 27, 8-10am**

**BRUNSWICK FAMILY ASSISTANCE  
FOOD COLLECTION DAY  
SATURDAY, OCT 21st**



**BLESSING  
OF THE  
ANIMALS**

**OCT 4th,  
10am**

*Courtyard*

**ECW  
YARD  
SALE!**

**OCT 14th**

*Bliss Hall*

**Almanac**  
**October 2023**

**DIOCESAN VISIT**

Bishop Curry Saturday Oct 21

**DOK**

Meeting: Saturday Oct 9th, 10-12am

Meals of Love: Tues Oct 10th, 10:15-11

**ECW**

Meeting: Wed Oct 4th, 9-10am

**SBIC**

Exec Board Mtg: Oct 9th

Gen Board Mtg: Oct 16th

both 10am at *The Lord's Food Pantry*

**SPIRITUAL STUDIES**

Wednesdays 10:30-11:30am

**FINANCE CMT.**

Tuesdays 9:30am

**VESTRY**

Wednesday Oct 18th, 2pm

**Liturgical Harvest Time**

**GREEN:** Common Time **RED:** Martyrdom



Feast of St Luke

Oct 18th

Feast of St James

Oct 23

Feasts of St Simon  
& St Jude

Oct 28

**OCTOBER BIRTHDAYS & ANNIVERSARIES**

Oct 3 Clark Pritts  
Oct 4 Tina Scott  
Oct 7 Ray & Marlene Schatz, Jerry Walborn  
Oct 10 Tommie Christenbury, Webster Collett  
Oct 11 Bob Jones; Lenna Gray  
Oct 14 Webster & Betsy Collett  
Oct 15 Dick & Frances Warner, Karen Prescott  
Oct 17 Gary Miller  
Oct 20 Troy Zettlemoyer  
Oct 24 Frank & Carrie Wilson  
Oct 25 Richard & Kristina Crane  
Oct 26 Carolyn Block  
Oct 27 Matt Sanchez  
Oct 31 Audrey Werner, Emily Walborn, Peter Biddle,  
Denise Reagan

*If your birthday or anniversary is not listed here, please contact  
David Brownfield to correct our information.*



**Fr Farrell Vacation: Oct 4-15; Oct 23-29**



**BIBLE STUDIES - Outside & In**

**Fasting** appears in the Bible as a natural expression of distress, sorrow and guilt but plays only a small part in the *Law of Moses* where only one mandatory fast is found - the *Day of Atonement*.

**The salt** used in ancient times wasn't refined. Some portion of other trace chemicals was always present and if the fraction useful in seasoning food was leached away with dampness, it was "good for nothing." The salt would have lost it's flavor.



# Almanac - October 2023



## POLISH AMERICAN HERITAGE MONTH

At 3% of America's population, enjoy a polka and kielbasa!

...which brings us...

**National Pierogi Day**  
OCT 8th

## FRATERNAL FRENEMIES

OCT 28, 1636 - *Harvard University* estab.  
Oldest in US.

OCT 16, 1901 - *Yale University* estab.

## COLUMBUS DAY

After 33 days at sea, Captain Christopher Columbus makes landfall in the Bahamas. A movable holiday to create a three day weekend.

OCT 12th, 1492 *actual*

## INDIGENOUS PEOPLE'S DAY

American holiday created in 1992, literally in the wake of the celebration of *Columbus Day* in recognition of that event's perceived less-than-positive impact on the peoples who were there first. A movable holiday observed on every observed *Columbus Day*.

## U.S. NAVY FOUNDED

OCT 13th, 1775

## NORMAN CONQUEST

*begins* OCT 14th, 1066

## GREENWICH, ENGLAND

established as origin meridian for Universal Time Code.  
OCT 13th, 1990

## STATUE OF LIBERTY OPENS

standing 300 ft over Bedloe's Island, NY  
OCT 28th, 1886

## DISNEY WORLD OPENS

in Orlando, Florida  
OCT 1st, 1971



## SOUND BARRIER BROKEN

by then Capt "Chuck" Yeager with fractured ribs flying the Bell X-1

OCT 14th, 1947

## SGT YORK

single-handedly takes out a German machine gun battalion of over a dozen troops, & captures 135. WWI  
OCT 8th, 1918

## SPACE RACING

OCT 4th, 1957

RUSSIA launches first man-made satellite *Sputnik 1* (trans: "satellite 1")

OCT 11th - 22nd, 1968

*Apollo 7* launches from US with the first humans to orbit the moon. (1st manned spaceflight following *Apollo 1* fire killing 3 astronauts.)



## FULL HUNTER'S MOON

Saturday, OCT 28th  
4:24pm peak

## DRACONID METEOR SHOWER

OCT 9th, Late evening NW

## ORIONID METEOR SHOWER

OCT 21st - 22nd, Early morning S

## ST LUKE'S LITTLE SUMMER

Lovely, summer-like day with calm, dry weather and festive leaves of fall. In honor of St. Luke's Feast Day  
OCT 18th

## MILLION MAN MARCH

Original march on Washington, DC  
OCT 16th, 1995

**WAR OF THE WORLDS RADIO BROADCAST** - OCT 30th, 1938

## FRANKENSTEIN DAY

*Mary Shelley's Birthday*  
1797

OCT 30th



## MONTH OF THE HARVEST

Time to store or can vegetables, fruits and herbs

## MODEL T

Henry Ford's mass-production creation hits the market.  
OCT 1st, 1908

## NAVADA

(36th) *October's only state*  
OCT 31st, 1864

**INTERNATIONAL BEER & PIZZA DAY**  
OCT 9th

## 1st "Talkie" Film

*The Jazz Singer* opens in NYC  
OCT 6th, 1927

## GREAT CHICAGO FIRE

OCT 8th, 1871

## ALL IN THE TIMING..

### OKTOBERFEST

CAN be mostly in the month of October but timing depends on the country and sometimes the actual city that is celebrating it, proving that it's more a mindset than a date.

SEPT 16th - OCT 3rd, 2023  
in Munich, Germany...

### OCTOBER REVOLUTION

Following devastating losses in their war with Japan, Russia underwent a civil war of its own, tossing out czars for the likes of communistic rule. In the year that it all began, 1917, they were still using the Julian calendar. Russian then dates of OCT 24th & 25th were, to the rest of the world, NOV 6th & 7th!

### THINK DAYLIGHT SAVINGS CHANGE IS TOUGH?

Try switching from that Julian calendar to our current Gregorian - overnight.. To correct a 10 day error, people all over Europe who went to bed Thursday, Oct 4th, suddenly woke up Friday, Oct 15th, 1582! Riots over lost wages raged for weeks.



# THE FISHERMAN CLASSIFIEDS

## TOP TECH TIDBITS

"The Top Tech Tidbits for Thursday

→ HANDICAP POWER SEAT  
\$1,500.00 USD

Power handicap passenger seat

→ GENTLY USED BRAILLESENSE  
U2 NOTETAKER  
\$3,500.00 USD

→ GENTLY USED IRIE  
BRAILLESHEET 120 W POW-  
ER-DOT BRAILLE EMBOSSE

→ GENTLY USED ACUITY 22"  
MAGNIFIER  
\$2,250.00 USD

**Won't You Help Us Feed HIS Sheep?  
SECOND HELPINGS NEEDS VOLUNTEERS!**  
Tuesdays and Wednesdays one to two hours for picking  
up food from *Sunset Beach Food Lion* or *Ocean Isle Loves*  
then dropping off at *Brunswick Family Assistance* and  
*Hope Harbor* (Tuesdays).

### THE NEED IS CRITICAL!

If interested, contact Susan Weber at  
910-847-209-6803 or email:  
[greg.susan.weber@gmail.co](mailto:greg.susan.weber@gmail.co)

## HURRICANE SEASON IS STILL HERE! SBIC NEEDS VOLUNTEERS FOR VOAD VOLUNTEER ORGANIZATION AFTER DISASTER

If you have any skills - emergency management, disaster  
responce, first aid, etc., or are willing to learn,  
PLEASE CONTACT:

**MIKE CLAXTON, SBIC PRESIDENT**  
[mikeclaxton50@gmail.com](mailto:mikeclaxton50@gmail.com)

## ONE CUP OR TWO?

**St James' Coffee Hour is looking for more!**  
...and trying to give a break to those who always find  
their way to serve. Good food. Good company.  
**GOOD IDEA!** Interested? Sign up sheet is located in  
the narthex or contact our Administrative Assistant,  
conveniently tethered to our office Tuesdays to Fridays  
or contact RoseMary Stalter  
[cstalter3@gmail.com](mailto:cstalter3@gmail.com)

## PARISHIONER CARE GROUP

Eighteen men and women have stepped up to serve  
and now they need help from the whole congregation.  
If you know of anyone who could use a hand, please let  
FATHER FARRELL, DEACONS JEAN OR MIKE  
OR THE CHURCH OFFICE KNOW.

Our Care Group can then reach out to offer help.  
ALL INFORMATION IS CONFIDENTIAL

Please help us to help others.  
Our brothers & sisters in Christ.

## ECW YARD SALE WANTS YOU!

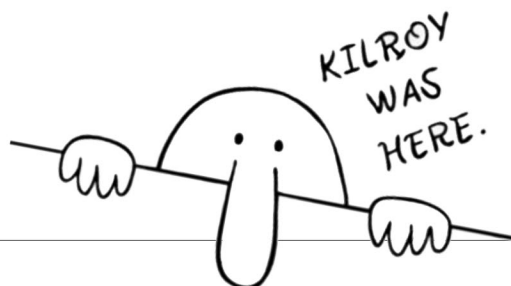
AND LOTS OF GOOD STUFF...  
The Yard Sale is ON and scheduled for  
October 14th.

Set up for the sale will be the week before with items to  
sell brought to church to be stored starting Oct 2nd.  
Once again this will be chaired by **Gary and  
Barbara Freeman**, who will appreciate any and all  
other volunteers for set up and working on the day of  
the sale. Contact Barbara with any questions.

## MILES FOR MEALS

**SBIC** has partnered with *Coastal Race Productions* to col-  
lect food for assistance programs. They will have a  
booth where racers can sign up and donate food the  
day before racing. Races aare run monthly from  
**October 2023 to April 2024** and start again that fall.  
If interested, contact Ruth Ann Campbell at:

[no1nanie@atmc.net](mailto:no1nanie@atmc.net)





.....from the editor

WHAT DO FRANKENSTEIN'S MONSTER,  
THE WOLFMAN, DRACULA AND JACK THE RIPPER  
ALL HAVE IN COMMON?

NONE of those deadbeats are invited to  
THE VERY NEXT ALLHALLOWTIDE MYSTERY GATHERING OF  
ST JAMES THE FISHERMAN!!!

BUT YOU ARE...

IN FACT, IT'S SO MYSTERIOUS... nobody will tell me anything about it, **not even its name...**

**And I'm the Editor!**

Just know that it's supposed to jump scare us sometime on our newly-to-be-observed  
*All Hallows Eve's Eve*,,, or will it...? A parish-maybe-get-together not for the squeamish, full of  
**MYSTERY AND IMAGINATION!**

And there might even be some assorted **TRICKS OR TREATS** on hand - are we not Episcopalians...?  
So keep your "pointed" ears to the wind for more clues to this **EVENING MAYBE ENIGMA** as more of  
"The Plan" is revealed....

**THANK YOU** - for all the submissions, sacrifices and burnt offerings both early and rushed.  
Especially for all who stepped up for the first time!

November article deadline: October 20th

Please send all emails to [waltfam@atmc.net](mailto:waltfam@atmc.net)

DID YOU KNOW...

The first Jack-o-Lanterns were not pumpkins but hollowed out turnips with candles to  
light the way for those "souling." A tradition begun in Ireland.

**AWASH FOR FALL ?**



Check out these previous homilies

From St. James' own website:

[stjamesthefisherman.net](http://stjamesthefisherman.net)

From YouTube:

[YouTube.com](https://www.youtube.com)

*Christian Consciousness Today*

Find a quick and easy link  
at the bottom of his weekly emails!

 **YouTube**

**Christian  
Consciousness  
Today**

Fr Farrell would like to invite you to  
visit his YouTube channel,  
"Christian Consciousness Today."

If you miss a sermon, please go to

**YouTube.com**

and check for weekly updates!



*Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God - Ephesians 5:2*

### Directors of Ministries

#### WORSHIP - Ginny Coltharp

Acolytes - Susan Sprouse

Altar Guild - Ruth Fernandez/JoAnn Jenkins

Daughters of the King - Nancy Dougherty  
Ruth Fernandez

Eucharistic Ministers/Visitors - Clergy

Music - Lynn A. Dean

Newcomers/Greeters - Clergy

Nursery - Clergy

Ushers - Bill Chase

#### PROGRAMS - Ginny Coltharp

Christian Education - Father Farrell Graves

Episcopal Church Women - Barbara Freeman  
Jan Comfort  
Stephanie Lynott

Foyer Groups - Ruth Fernandez

Holy Stitchers - Barbara Freeman

Coffee Hour - Weekly Hosts

Parish Dinners - Vestry/ ECW

#### OUTREACH

Angel Tree - DOK S Sprouse, R Fernandez

Operation Christmas Child - R A Campbell

Food Cards for Homeless - DOK A Murphy

Christmas in July (school supplies) - DOK

Waccama School Partnership -DOK T Colins

Neighbor 2 Neighbor - Rev. Dec. Jean Miller

BFA Food Pantry/Second Helpings- G Weber

Thanksgiving Dinner Boxes - R A Campbell

Meals of Love - DOK - Jeannie Reopel

Support the Girls - Ruth Ann Campbell

Lobster Sale - Bill Chase

Crop Walk - Ruth Ann Campbell

UTO - Mary Klinedinst

*The Fisherman* - Chris Walters

#### St. James the Fisherman Episcopal Church

4941 Main Street

Shallotte, NC 28470

(mailing: P.O. Box 68, Shallotte, NC 28459)

(910) 754-9313

[stjamesthefisherman.net](http://stjamesthefisherman.net)

The Rt. Rev. Robert Skirving - Bishop

The Rev. Farrell Graves, PhD - Rector

The Rev. Jean Miller - Deacon

The Rev. Michael Ligon - Deacon

Lynn A Dean - Choirmaster & Organist

#### Vestry

Ginny Coltharp - Worship

Jan Comfort - Communications

Ruth Ann Fernandez - Outreach

Kit Goff - Sr Warden, Graveyard

Kathleen McDonald - Grounds

RoseMary Stalter - Parish Life

Peter Tietjen - Jr Warden

Greg Weber - Finance, Ways & Means

**"You Are Now Entering the Mission Field.  
Go Therefore and Make Disciples of All People."**

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## THE FISHERMAN

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